

# Uaai:

## MyCAF Profile

### MyCAF Profile: Confidence

Your top 3 attributes are:

To be completed.

### MyCAF Profile: Relevance

Your top 3 attributes are:

- Communication
- Proactivity
- Self-efficacy

### MyCAF Profile: Reflection

Your reflective statement:

I feel confident in my ability to work well with others, especially through group design projects and my placement experience. I feel confident enough to get involved and say what I would do differently or improve. This has helped me through my placement as I am now able to ask questions, if I am stuck on what to do or haven't understood what is at hand. I struggled at first as I didn't know what to do immediately and then found the day challenging as I felt like I was behind. I think as I have also gotten more confident in what I am doing, asking questions I'm able to take more from the placement. They have been great and giving me a

range of things to do as well as the freedom to let me play around with designing their studio. They have also shown me what it is day to day running a company and behind the scenes, all being very relevant and interesting to be involved in. Spatial design often involves working within limitations such as budget, space, and materials. They have given me the confidence in finding creative and practical solutions that balance aesthetics and functionality.

## Where do I want to be?

### Creative Attribute 1

I work well with others and contribute ideas confidently in group discussions. During my placement, I've collaborated with designers and supervisors on real-life projects. I want to become a more proactive and confident collaborator, letting me have more confidence communicating ideas clearly in professional settings in any team setting. My goal is to build confidence in presenting my ideas independently, getting involved in creative initiatives and contributing effectively to the group.

### Creative Attribute 2

I'm comfortable adapting to new tasks and learning new software or design methods when needed. During my placement, I've had to adjust to different project styles, deadlines and ways of working as it's very different to being in university. However, I sometimes find it challenging when project plans change suddenly or when I need to switch creative direction quickly. This is because this step is something I haven't got to yet as this being real clients I have to respond in a different way to the brief and stick to their needed time scales. I need to stay open-minded when feedback or direction changes, viewing it as an opportunity to learn rather than a setback.

### Creative Attribute 3

I'm confident in finding creative and practical solutions to design challenges, especially when working within limits like space, materials, or client needs. During my placement, I've had opportunities to suggest adjustments and solve small on-site issues. However, I sometimes rely on guidance from others before finalising solutions, and I'd like to improve my independence in decision-making.

## Revisit anytime:

[MyCAF Report.](#)